

SIZE TABLE -BLÅKLÄDER SAFETY SHOES

HOW TO MEASURE YOUR FEET

To measure your feet in the simplest way, you need a wall, a piece of paper, a pencil and something to measure with, for example a measuring tape or a ruler.

- 1. Place the paper edge to edge with the wall and make sure there is no space between the wall and the paper.
- 2. Place the paper edge to edge with the wall and make sure there is no space between the wall and the paper.
- 3. Put a mark on the paper where your longest toe ends. Do this for both feet.
- 4. Use the measuring tape or ruler to measure, from the edge of the paper to the mark you made. Now you know your foot length!

HOW TO CHOOSE THE RIGHT SHOE SIZE

- 1. Start from the foot length of your longest foot. It is common to have different sizes of feet and if you start from the longest, it is more likely that the shoes will fit for both your feet.
- 2. Add a 5-20 mm to get some space in front of the toes. How much you should add varies depending on the shoe model and how much space you want in the shoe. Also keep in mind that your feet swell a little during the day.

SIZE EUR	SIZE UK	SIZE USA	INSIDE LENGHT OF SHOE MM
35	2	3	235
36	3	4	242
37	4	5	249
38	5	6	256
39	6	7	262
40	6,5	7,5	269
41	7	8	276
42	8	9	283
43	9	10	289
44	9,5	10,5	295
45	10	11	303
46	11	12	309
47	12	13	316
48	13	14	325